



Peterborough Region Community Resources for Grade 3 & 4 Landmarks

MARCH 2019

LANDMARK 13: Travel a familiar route on foot, by bicycle or on public transit.

Resource	For Families	For Schools	Landmark #	Description
Active and Safe Routes to School	√	√	13	Active and Safe Routes to School provides wonderful resources and illustrates the many benefits of supporting school transport on foot, bike and public transit. Participate in Car Free Wednesdays, On the Bus, Grade 8 Transit Quest, and many more programs! For additional resources and research visit peterboroughmoves.com
Pedal Power and Cycling Education Programs	√	√	13	GreenUP and BIKE offer a range of in-school and community cycling education and access programs! To learn more, contact: Jamie Akiyama: jaimе.akiyama@greenup.on.ca
Local Interactive Maps: Public Transit Biking and Trails	√	√	13	Use the magic of Maps! Scaffold active transportation by using City maps, transit maps and bike trail guides to explore different modes of active and safe transportation between spots your children travel.
Public Transit	√	√	13	Learn together how to navigate the Peterborough's Public Transit to travel in and around the city to your most visited places. The site even includes a how-to video to support your adventure.

LANDMARK 14: Try at least five different kinds of outdoor recreation that don't require gasoline or electricity.

Resource	For Families	For Schools	Landmark #	Description
BIKE Community Bike Hub	√	√	14	BIKE is an incredible resource for affordable used bikes and facilitated DIY repairs. Bike supports family and community events like lights rides, Thursday night rides, bringing Bike Play parks to community events, and maintaining fix-it stations around town. They can also arrange bike maintenance and operation workshops. They are even working towards a Community Bike Park!
Bike Rental	√	√	14	Wildrock has a fleet of bikes to try out different types including mountain biking. Peterborough Pedal and Paddle located underneath the Silverbean Café in Millennium Park. Open during the summer months.
Camp Kawartha: Environment Center and Residential Camp	√	√	14	Camp Kawartha provides instruction for rich curriculum-linked outdoor education activities for school groups from two locations: their main camp located on Clear Lake and the Environment Centre located at Trent University in Peterborough. Families: Children can enjoy day and overnight camp opportunities including summer, March Break and PA day camps. Explore their website to find out what Camp Kawartha can offer you!
Canadian Canoe Museum	√	√	14	Voyageur canoe tours for public as well as custom tours for school groups; day and summer camp paddling experiences, with embedded Indigenous perspectives.
Curve Lake Cultural Centre		√	14	The land is the focal point of First Nations cultures. The Cultural Centre can provide a wide variety of memorable outdoor experiences. Contact Tracey Taylor: TraceyT@curvelake.ca to discuss details and fees.

Gently Used Gear	√	√	14	<p>Kids grow out of gear so quickly. Access Peterborough's wealth of gently used second hand gear to help you get outdoors!</p> <p>Thrift stores including Vinnies, Talize, Value Village and consignment stores such as Recycled Kids (Skates and Helmets). Chumleighs on George St. carries used skates from October through April.</p> <p>Rebound Skates and Golf</p>
Glen Caradus - The Paddling Puppeteer	√	√	14	<p>Glen is a musician, puppeteer and naturalist who can share decades of experience in outdoor recreation with your class. Cost: \$125 incl hst for 1.5 hr workshop.</p> <p>Contact Glen: ecotry41@gmail.com</p>
GreenUp Active Transportation	√	√	14	<p>GreenUP's Active Transportation Programs are an incredible resource. GreenUP hosts events in schools and in the community, and their programming helps make active transportation fun and safe for the whole family. Find out more about the programming available contact Jamie Akiyama at jaimie.akiyama@greenup.on.ca</p>
Kady MacDonald Denton		√	14	<p>Kady is a multi-media illustrator who loves to work with kids to train the eye in seeing the natural world through sketching. Kady can make a limited number of class visits free of charge. Contact Kady: kdmd@cogeco.ca</p>
Kawartha Nordic	√	√	14	<p>Try Nordic skiing on beautiful groomed wilderness trails just 40 minutes north of Peterborough with rentals of classic and skate skis, and lessons for children and adults.</p>
Kawartha Wilds Community Nature Days	√		14	<p>Held 1st Sunday of each month at the Camp Kawartha Environment Centre - noon to 4pm. Everyone - all ages and skill levels welcome! Facilitated activities, skill building and community potluck!</p>
Millbrook Valley Trails	√	√	14	<p>These gems surrounding the village of Millbrook offer access to trails of various lengths and challenges to enjoy with your family or class. They are well marked and depart from various sites throughout Millbrook.</p>

Ontario Federation of Anglers and Hunters	√	√	14	<p>The OFAH offers family events, workshops and certification programs for all ages, including Family Fishing Derbies; Greenwing Heritage Centre; and Get Outdoors Overnight Camp (ages 8- 15).</p>
Outdoor Gear Rentals	√	√	14	<p>Get outfitted with the right gear for your Outdoor Activities - experiment and explore:</p> <p>Wildrock</p> <p>Adventure Outfitters outside Lakefield</p> <p>Kawartha Nordic</p> <p>Peterborough Pedal and Paddle located underneath the Silverbean Café in Millennium Park</p> <p>Peterborough SUP (Stand-Up Paddle Board)</p>
Laurel Paluck		√	14	<p>Lori is a visual and performance artist who can spark the creative genius in your class! Creative outdoor projects are her forté. Contact Laurel: lollypluck@gmail.com to discuss options and fees.</p>
Skating	√	√	14	<p>Free skating on the canal: Check out the flag status on the City's website - Green means GO!</p> <p>Outdoor rinks in the city - infrastructure provided through city works and organized by neighbours in your hood!</p> <p>Knights of Columbus park.</p> <p>Ontario Speed Skating Oval in Lakefield - Skate rental available for school groups; special family events including candle-lit night skating</p>

Think Outside		√		'Nature Nancy' has a wealth of outdoor games to share. She can bring a class set of snowshoes during winter months! Cost: \$310 + GST for a full school day (can be shared between two or three classes). Contact Nancy: nancy@thinkoutside.life
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LANDMARK 15: Grow a garden, set up a birdfeeder, catch insects, go fishing, and get to know a habitat.

Resource	For Families	For Schools	Landmark #	Description
Alderville Black Oak Savanna	√	√	15	ABOS staff can visit your class to help plan a pollinator or Medicine Wheel garden, or teach the group about grassland habitats. You can also visit the Savanna, a rare and beautiful local grassland ecosystem near Roseneath, for engaging school programs. To discuss options, Contact Julie Henry: jhenry@alderville.ca
Avant Garden Shop	√	√	15	Much more than a local retailer, with knowledgeable staff who can support families and community groups finding feeders and gardening supplies supporting local plants and animals.
Camp Kawartha Environment Centre	√	√	15	The Environment Centre offers bird feeders and houses to visit and be inspired by; demonstration pollinator and food gardens, and diverse habitats to explore.
Drew Monkman website	√	√	15	The must visit site of local naturalist, educator and author Drew Monkman that offers support and <i>local insights</i> for all the above activities, in all seasons!
GreenUP Ecology Park	√	√	15	With Curriculum-linked programs, students can explore the brilliant biodiversity of EP's various habitats. Cost: \$10 per child for a two-hour workshop. Contact Vern Bastable to discuss class visits: vern.bastable@greenup.on.ca

				<p>Families can visit Ecology Park year-round to look for wildlife, watch birds at the Peterborough Field Naturalist's feeders and explore trails and various habitats. During the growing season, explore the food gardens and children's garden. Events throughout the year including Lantern Walks, the annual Plant Sale, BioBlitz and many more highlight this incredible urban oasis.</p> <p>Earth Adventure Summer camp programs are also available! Check out the website for details.</p>
Nourish Community Gardens	√	√	15	<p>Nourish offers community gardens; growing and preserving workshops and community food events.</p> <p>Families can be linked with a nearby community food garden or project. Classes: Nourish can visit your class to help start a food garden in the classroom or outdoors; can explore what makes a healthy diet, and where our food comes from. Contact Community Food Cultivator Jill Bishop growing@nourishproject.ca</p>
Ontario Federation of Anglers and Hunters	√	√		<p>OFAH provide fishing instruction and equipment in their 'Shimano Pond', as well as family events and school programs at their Heritage Centre. Call 705-748-6324 x 100 or visit their website for fees and program options.</p>
Otonabee Region Conservation Authority	√	√	15	<p>Otonabee Conservation can provide support to schools and community groups to learn about local streams, water quality, aquatic habitat, and the importance of our water resources. Activities may include participating in the Yellow Fish Road storm drain marking program, naturalizing a shoreline, or learning about the water quality and the species that live in our watercourses. Otonabee Conservation also partners with Camp Kawartha (above) to deliver the 'Be a Watershed Steward' program. Contact Meredith Carter to discuss options: mcarter@otonabeeconservation.com</p>

				Families: Enjoy the wealth of conservation areas throughout Peterborough City and County. Check out ORCA's website for a site near you, and great ideas for activities to do when you get there!
Peterborough Field Naturalists	√	√	15	<p>One of Canada's premier naturalist communities, the PFN have such a wealth of knowledge and passion to share with our classrooms, families and community!</p> <p>Find information and events related to Meetups, Citizen Science, Junior Naturalists, and more through their monthly bulletin the Orchid, on their website and by contacting</p>
Peterborough Master Gardeners	√	√	15	<p>These friendly folks love to garden and will share their love of growing plants. Contact Joan Harding: contact@peterboroughmastergardeners.com</p>
Peterborough Pollinators	√	√	15	<p>A wealth of local knowledge on how to cultivate a perfect pollinator patch at your home or school. Peterborough Pollinators can help create a small food garden or pollinator garden, and also host community events - visit their website or contact Carlotta James to arrange a visit: carlotta.james@gmail.com Cost: \$75 for a consultation.</p>
Three Sisters Natural Landscapes	√	√	15	<p>Dedicated to rewilding urban spaces, Three Sisters can help create create pollinator-friendly gardens as a way to feed pollinators, including bees, butterflies and birds; to provide essential habitat for wildlife; and to promote biodiversity in our urban centres. For support to rewild your school yard or home landscape, Contact threesisters.ptbo@gmail.com</p>