Pathway
to Stewardship & Kinship

ADVENTURE 2
Person Power!

How many ways can you travel without using gasoline or electricity? You can travel by bicycle, canoe, rowboat, paddleboard or even by foot! This week, bring your whole family on an exploring adventure using Person Power. Have fun and help climate change at the same time!

Your challenge

Bring your whole family to an outdoor place you've never been before. Choose how you'd like to travel (no motors allowed). Bring a picnic and spend at least an hour exploring this new place. While you're there, make a list of the sounds you hear. Find three different kinds of trees or shrubs and take a photo of each. Find 3 different wildflowers and 3 insects and take a photo of each.

Options

Even tiny children can help prepare the lunch, and help serve the picnic to your family. Include them in the listening activity. Point out things with different textures - things that are smooth, prickly, rough, hairy and touch them together. Be positive and curious!

For older children/youth, download these free apps to your cell phone: Merlin (it's great for identifying birds and bird sounds) and iNaturalist (helps to identify anything in nature). How many things in nature can you identify on your trip? Learn more about them when you get home.

Pathway Links: **Landmark 1:** Explore outdoors together **Landmark 6:** Play in nature for at least an hour **Landmark 12:** Meet nearby friends in nature **Landmark 14:** Outdoor recreation with person power **Landmark 19:** Explore biodiversity

Not sure where to visit?

Here are some helpful links to maps:

Peterborough Trails
Best Trails in Peterborough Region
Ontario Conservation Areas

For cottagers, visit part of the lake you've never seen before

Looking for more ideas for activities? Visit:
pathwayproject.ca

Ontario Trillium Foundation
Fondation Trillium de l'Ontario